

Key Aspects of Sex Education at Chase Bridge

In the second half of the Summer Term, we will be teaching the 'Changing Me' Puzzle. This helps children learn to cope positively with all sorts of change. In Key Stage 2, they will learn about puberty in this Puzzle. In Key Stage 1, we introduce scientific terminology for body parts, including genitalia, partly for safeguarding reasons and partly to lay the foundations for learning about puberty later.

The government statutory guidance gives parents the right to request to withdraw their child from Sex Education (covered in the 'Changing Me' puzzle), and this letter explains more about what Sex Education is and how you can find out more about this if you wish to.

The right to withdraw

As parents, you have the right to withdraw your child from the non-statutory elements of our teaching. These will be the lessons on human reproduction (please refer to the contents table below for the exact lessons). You are unable to withdraw your child from any lessons within Relationship or Health Education (this includes puberty and menstruation). If you do wish to withdraw your child from the human reproduction lessons, please contact your child's class teacher or Mrs Dight so we can discuss the implications of withdrawing.

Year 4	Piece 1 Unique Me	<ul style="list-style-type: none"> • I understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the joining of their egg and sperm. • I appreciate that I am a truly unique human being
	Piece 2 Having A Baby Parents have the right to withdraw children from this session as it is classed as human reproduction.	<ul style="list-style-type: none"> • I can correctly label the internal and external parts of male and female bodies that are necessary for making a baby and explain in simple terms how this happens • I understand that having a baby is a personal choice and express how they feel about having children when they are adults • Note: This is a simple introduction to sexual intercourse with the teacher using a script which includes 'an especially close and loving embrace which allows the sperm to be released through the penis into the vagina.'
	Piece 3 Puberty and Menstruation	<ul style="list-style-type: none"> • I can describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this • I have strategies to help me cope with the physical and emotional changes I will experience during puberty <p>Note – teachers will also recap the puberty learning for both girls and boys from year 3 and revisit some of the content if required.</p>

Year 5	Piece 2 Puberty for Girls	<ul style="list-style-type: none"> ● I can explain how girls' bodies change during puberty and understand the importance of looking after themselves physically and emotionally ● I understand that puberty is a natural process that happens to everybody and that it will be OK for me
	Piece 3 Puberty for Boys	<ul style="list-style-type: none"> ● I can describe how boys' and girls' bodies change during puberty ● I can express how I feel about the changes that will happen to me during puberty
	Piece 4 Conception Parents have the right to withdraw children from this session as it is classed as human reproduction.	<ul style="list-style-type: none"> ● I understand that sexual intercourse can lead to conception and that is how babies are usually made. I also understand that sometimes people need IVF to help them have a baby ● I appreciate how amazing it is that human bodies can reproduce in these ways
Year 6	Puberty	<ul style="list-style-type: none"> ● I can explain how girls' and boys' bodies change during puberty and understand the importance of looking after yourself physically and emotionally ● I can express how I feel about the changes that will happen to me during puberty
	Piece 3 Babies – Conception to Birth Parents have the right to withdraw children from this session as it is classed as human reproduction.	<ul style="list-style-type: none"> ● I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born ● I recognise how I feel when I reflect on the development and birth of a baby
	Piece 4 Attraction	<ul style="list-style-type: none"> ● I understand how being physically attracted to someone changes the nature of the relationship ● I can express how they feel about the growing independence of becoming a teenager and their confidence that they can cope with this

